

## Shabbat Blessings

For candles, wine, and bread.

### **Hadlakat neiros : The Blessing over the Shabbat Candles**

*Kindle the Shabbat candles (typically 2 candles), and chant or recite:*

בָּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,  
אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו, וְצִוָּנוּ לְהַדְלִיק נֵר שֶׁל שַׁבָּת.

*Baruch atah Adonai, Eloheinu melech ha-olam asher kid'shanu v'tzivanu l'hadlik neir shel Shabbat.*

We praise you, Eternal God, Sovereign of the Universe, who makes us holy with mitzvot and commands us to kindle the Sabbath lights.

### **Kiddush :The Blessing Over the Wine\***

*Lift the cup(s) of wine or juice and say:*

בָּרוּךְ אַתָּה יי, אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,  
בוֹרֵא פְּרֵי הַגֶּפֶן:

*Baruch atah Adonai, Eloheinu melech ha-olam, borei p'ri hagafen.*

We praise You, Eternal God, Sovereign of the Universe, who creates the fruit of the vine.

*Drink the wine or juice.*

( \*For the full text, see *On the Doorposts of Your House* , CCAR Press.)

### **HaMotzi : The Blessing Over the Bread**

*Uncover the challah and say:*

*Baruch atah Adonai, Eloheinu melech ha-olam, hamotzi lechem min ha-aretz.*

בָּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם  
הַמוֹצִיא לֶחֶם מִן הָאָרֶץ.

We praise You, Eternal God, Sovereign of the universe, who brings forth bread from the earth.

*Cut or break off pieces of challah for each family member to eat.*